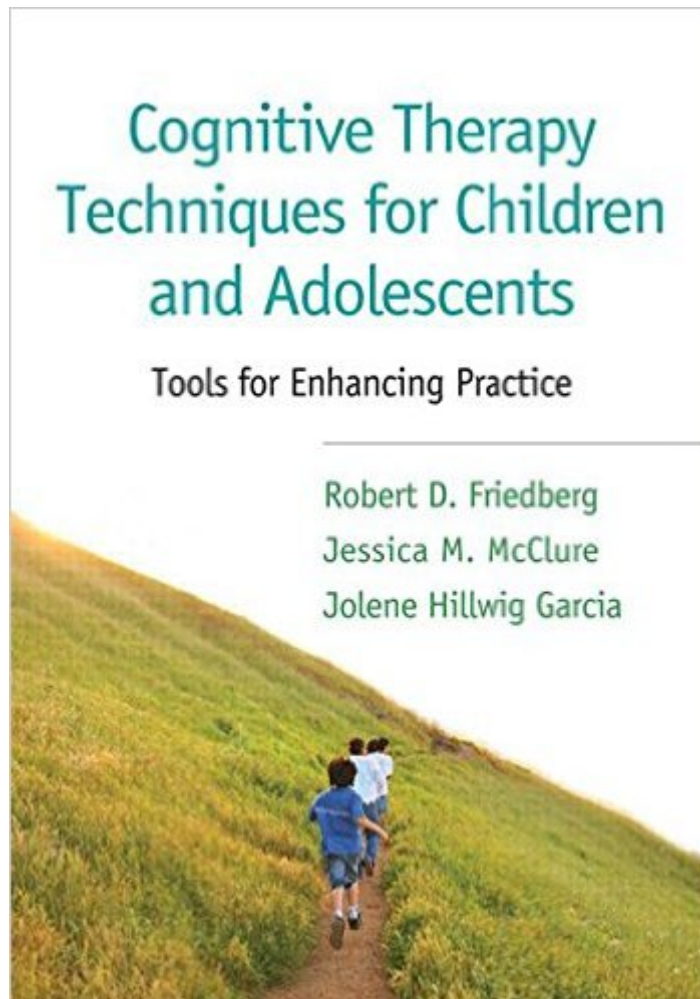


The book was found

Cognitive Therapy Techniques For Children And Adolescents: Tools For Enhancing Practice



Synopsis

Providing a wealth of practical interventions and activities--all organized within a state-of-the-art modular framework--this invaluable book helps child clinicians expand their cognitive-behavioral therapy (CBT) toolkits. Going beyond the basics, the authors provide effective ways to engage hard-to-reach clients, address challenging problems, and target particular cognitive and behavioral skills. Fun and productive games, crafts, and other activities are described in step-by-step detail. More than 30 reproducible forms and handouts can be downloaded and printed in a convenient 8 1/2" x 11" size. See also the authors' authoritative introduction to CBT with young patients, *Clinical Practice of Cognitive Therapy with Children and Adolescents, Second Edition: The Nuts and Bolts*.

Book Information

Paperback: 326 pages

Publisher: The Guilford Press; Reprint edition (October 17, 2014)

Language: English

ISBN-10: 1462520073

ISBN-13: 978-1462520077

Product Dimensions: 7.1 x 0.7 x 10 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (8 customer reviews)

Best Sellers Rank: #167,827 in Books (See Top 100 in Books) #24 in [Books > Medical Books > Psychology > Movements > Cognitive Behavioral Therapy](#) #88 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Psychiatry > Child](#) #168 in [Books > Textbooks > Social Sciences > Psychology > Cognitive Psychology](#)

Customer Reviews

Psychotherapy has come a long way since the original contributions of such pioneers as Freud, Jung, and Adler. What began as cognitive-based therapeutic counseling with adults soon expanded to include children and adolescents and become a universally recognized and appreciated practice in every community across the country. In "Cognitive Therapy Techniques For Children And Adolescents: Tools For Enhancing Practice" the clinical psychology team of Robert D. Friedberg (Associate Professor and Director of the Cognitive Behavioral Therapy Clinic for Children Adolescents), Jessica M. McClure (Clinical Psychologist, Cincinnati Children's hospital Medical Center), and Jolene Hillwig Garcia (Department of Psychiatry, Milton S. Hershey Medical Center,

Penn State University College of Medicine) provide a compendium of cutting edge interventions and activities enabling practitioners to expand their clinical repertoire of treatment tools for engaging difficult clients, resolving challenging problems, and dealing with and/or developing specific cognitive and behavioral skills. Enhanced with more than thirty reproducible forms and handouts (which can also be downloaded and printed from the Guilford publications website), "Cognitive Therapy Techniques For Children And Adolescents" is a seminal and highly recommended addition to professional and academic library instructional reference collections. Providing a wealth of practical interventions and activities--all organized within a state-of-the-art modular framework--this invaluable book helps child clinicians expand their intervention toolkits. Building on the bestselling Clinical Practice of Cognitive Therapy with Children and Adolescents, which addresses the basics of treatment, Friedberg et. al.

[Download to continue reading...](#)

Cognitive Therapy Techniques for Children and Adolescents: Tools for Enhancing Practice
Clinical Practice of Cognitive Therapy with Children and Adolescents: The Nuts and Bolts
Clinical Practice of Cognitive Therapy with Children and Adolescents, Second Edition: The Nuts and Bolts Group
Work with Adolescents, Third Edition: Principles and Practice (Clinical Practice with Children, Adolescents, and Families)
Infants, Children, and Adolescents (Berk & Meyers, The Infants, Children, and Adolescents Series, 8th Edition)
ACT for Adolescents: Treating Teens and Adolescents in Individual and Group Therapy
Art Therapy and Music Therapy Bundle: (Expressive Arts, Movement Therapy, Art Therapy Trauma, Therapy Books)
Speech Therapy for Kids : Techniques and Parents Guide for Speech Therapy (speech therapy, speech therapy materials)
Blending Play Therapy with Cognitive Behavioral Therapy: Evidence-Based and Other Effective Treatments and Techniques
Learn: Cognitive Psychology - How to Learn, Any Skill or Subject in 21 Days! (Learn, Learning Disability, Learning Games, Learning Techniques, Learning ... Learning, Cognitive Science, Study)
Cognitive Behavior Therapy: Applying Empirically Supported Techniques in Your Practice
Group Work with Adolescents, Third Edition: Principles and Practice (Social Work Practice with Children and Families)
Infants and Children: Prenatal through Middle Childhood (8th Edition) (Berk & Meyers, The Infants, Children, and Adolescents Series, 8th Edition)
Cognitive Behaviour Therapy for Children and Families (Cambridge Child and Adolescent Psychiatry)
Of Space and Mind: Cognitive Mappings of Contemporary Chicano/a Fiction (Cognitive Approaches to Literature and Culture)
Educating Difficult Adolescents: Effective Education for Children in Public Care or with Emotional and Behavioural Difficulties (Quality Matters in Children's Services)
ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD

Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) When Children Refuse School: A Cognitive-Behavioral Therapy Approach Therapist Guide (Treatments That Work) Group Counseling and Psychotherapy With Children and Adolescents: Theory, Research, and Practice Cognitive Behavioral Therapy: Techniques for Retraining Your Brain, Break Through Depression, Phobias, Anxiety, Intrusive Thoughts (Training Guide, Self-Help, Exercises)

[Dmca](#)